

## 2022 VIC SENIORS FESTIVAL IS BACK!

The 2022 Victorian Seniors Festival is about getting back to the things we love.

This October there are thousands of events across the state for you to get along to.

In 2022, the Festival is turning 40, and once again there will be a hybrid festival with our popular online performances published online.

Tune into radio plays, interviews and unique music performances.

Free and low-cost events and activities will be presented across Victoria, including concerts, dances, theatre shows, celebratory morning teas, tours, a host of indoor and outdoor recreation activities and much more.

Popular musicians and bands also come here to perform and entertain guests.

Show off your younger side and dance to some of the great tunes of yesteryear, take part in many activities and participate in various workshops held during the festival, or why not catch one of the classic films.

You can enjoy a multitude of interactive activities; such as dancing, aerobics, strength training and tai chi.

**Victorian  
Seniors  
Festival  
40 Years  
2022**



<https://www.seniorsonline.vic.gov.au/victorian-seniors-festival>

## BCSR QUARTERLY NEWS

Hello everyone and welcome to Springtime on the Bellarine.

### Morning and Afternoon Tea Chat

Thanks to those of you who spent time chatting with Callers about your experiences of the April Morning and Afternoon Teas at Moolap, Portarlington and Ocean Grove. We certainly appreciated all the lovely comments that were offered and also suggestions for improvement should they be held again.

### Bellarine Times Advertisement

We recently advertised our service in the Bellarine Times (25.08) and have enjoyed the positive responses received. If you know of anyone who might like to Volunteer or Register, please encourage them to contact us to have chat and request further information on 5255 3968. Just leave a message and someone will get back to you. The City of Greater Geelong funded the advertisement through the COVID Recovery Grant stream.

### Bellarine North Rotary

Many thanks to Bellarine North Rotary who donated \$500 to our club. I was warmly welcomed by their President, Andrew Jeffreys and their members as they learnt more about the Register and its benefits to all Bellarine residents. With the cost of postage set to rise, we appreciate our donors assisting us to be able to maintain newsletters such as this being printed and posted in the traditional way.

### Geelong Business Excellence Award

It was great to receive news from The Geelong Chamber of Commerce that our nomination for the Geelong Business Excellence Awards had been accepted. Two judges came to our office at the Bellarine Police Station and spent time listening to our members explain our service and its mutual benefits to both Registrants and Volunteers.

We thank Julie Parfitt, Manager, Drysdale Retirement Village and Acting Inspector Gareth Rowe for speaking so positively to the judges on our behalf during the presentation. Award winners will be announced in October.

We are intending to be out and about on the Bellarine once the weather gets warmer. If you see our logo, please come over and say hello. We'd love to have a chat.

All the best for now.

*Leonie Saundry*

### Leonie Saundry

Chairperson  
Bellarine Community Support Register.

## SOCIAL SENIORS

This October, you can tour the brand new library at the Queenscliffe Hub while building your online skills and confidence!

The Queenscliff Library is holding a 'Social Seniors' series of Friday morning workshops on topics like Zoom, social media and app skills.

### Social Seniors workshops

Friday 14, 21 & 28  
9.30am to 12pm

**Register for  
FREE here.**



## VALE, BARRY

On 12 September we bid a sad farewell to one of our Register's longest serving volunteers, Barry Collinson.

Barry joined the Register in 2007 as a volunteer and has been a regular on the roster ever since. As a regular Care Caller to some of our Registrants, he had a great rapport with many.

In recent times when Barry was unavailable, some Registrants would ask, "Where is that lovely man who usually calls me?" And they would speak fondly of his conversations with them.

Barry's call to a Registrant one morning found her quite concerned about her pot plants that had blown over during a night of wild winds and she was unable to stand them up again. Barry kindly offered to call past on his way home and set things right.

We shall remember Barry as a true 'old fashioned' gentleman. His family were important to him. He grew lots of vegetables and was happy to share tips and excess Jerusalem Artichokes.

Several Register volunteers attended Barry's funeral service. At the conclusion, a Guard of Honour formed with former police colleagues of Barry's as well as members of car clubs of which he was a member, together with volunteers from the Bellarine Community Support Register. Bellarine Police Snr Sgt Adrian Bickley and Acting Snr Sgt Craig Stanton led Barry's hearse from the chapel.

Barry will be sadly missed by volunteers of Bellarine Community Support Register.

Our sincere condolences to his wife, Lorraine and family.



## ARE YOU ELIGIBLE FOR COVID-19 ANTIVIRALS?

There are new medicines available for eligible people who have COVID-19. These medicines – known as antivirals – prevent people from getting so sick that they need to go to hospital, and they can be life-saving.

COVID-19 medicines are only for people with COVID-19 who are more likely to need hospital care, including people aged 70 years and over, and those with other medical illnesses or risk factors.

If you think you might be eligible, chat to your GP or scan the QR code to read more about antivirals.



# COVID-19

## CRIME STOPPERS



A small change can make all the difference. As soon as you leave your car, you should always lock and check.

**14,881 motor vehicles theft offences were reported in Victoria in the last year, with 47,140 reports of theft from a vehicle since March of 2021.**

It takes one second to lock and check your car, but considerably longer to replace your valuables or even the vehicle itself.

Whether you're stepping away for five minutes or five hours, don't take the risk.

Below are steps you can take to secure your vehicle and valuables:

### WHAT ARE SOME SAFE CAR HABITS I CAN ADOPT?

- Always lock your vehicle, even when at home
- Never leave personalised documents and valuables in your car
- Where possible, always park in well-lit areas
- Always close your car windows before leaving your car
- Always store your car keys in a safe and secure place
- Physically check that your car is locked and valuables are removed before you step away

LEARN MORE AT [CRIMESTOPPERSVIC.COM.AU](https://www.crimestoppersvic.com.au)

[www.crimestoppersvic.com.au](https://www.crimestoppersvic.com.au)

## FROM SNR. SGT. ADRIAN BICKLEY

The Bellarine Community Support Register has established itself as a primary point of contact for over one thousand Bellarine residents requiring contact to ensure they are ok and also to provide them with support and a voice to talk to.

It cannot be understated in regards to the importance of those phone calls being made to some Bellarine residents who look forward to that friendly voice and chat.

Not only does it provide comfort to the person receiving the phone call, but also for family members and police who have the knowledge that some of our more vulnerable and elderly residents are being checked on regularly.

Victoria Police through the Bellarine Police Station, is proud to be able to assist the Bellarine Community Support Register and look forward to maintaining this relationship into the future.

**Snr Sgt Adrian Bickley, Officer in Charge, Bellarine Police Station.**



## STOP IT

No one should feel uncomfortable or unsafe while travelling on public transport.

You can now report unwanted sexual or anti-social behaviour you may witness or experience on trams, trains and buses.

Once you text STOPIT to 0499 455 455 you will receive a link to an online form that allows you to:

- share details of the incident, such as the type of behaviour, or when or where it occurred
- upload an image or video (if you choose).

STOPIT has been developed to encourage people to contact police when they feel unsafe, especially those who are reluctant to attend a police station or make a Triple Zero (000) call.

Save the number to your phone, share it with family and friends. And if you see or experience this behaviour while using public transport – tell us.

Learn more about the service: <https://go.vic.gov.au/FJTVFN>



# OCTOBER

# 27

# Thursday

9.30am - 1.00pm

FREE EVENT



Hitting the right note  
for men and their music.

Ocean Grove Tennis Clubrooms



FREE lunch from Groove Cafe

Scan for  
your  
**FREE**  
tickets



**BELLARINE COMMUNITY SUPPORT REGISTER INC.**

PO BOX 819 OCEAN GROVE VIC 3226 TELEPHONE: 0480 228 674

# DONATION FORM

NAME: \_\_\_\_\_ ID NUMBER: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

I ENCLOSE A DONATION OF:  \$5  \$10  \$20  \$100  Other: \_\_\_\_\_  
Please tick the appropriate amount.

All donations of \$2 and over are income tax deductible.

Receipts will be issued only on request. Please tick the appropriate box. YES  NO

Donations will be accepted at any Bendigo Bank Branch in the Geelong Region.

Our account details are: **BENDIGO BANK** Branch **633 108** Account **127 715 209**.

---

**BELLARINE COMMUNITY SUPPORT REGISTER INC**

Proudly supported by



---

If undeliverable please return to:  
**Bellarine Community Support Register**  
PO Box 819  
Ocean Grove Vic 3226



**POSTAGE  
PAID  
AUSTRALIA**